

soul kitchen: HEALTHY COOKING

TIME	THURSDAY	FRI-YAY	SATURDAY	SUNDAY
11.00AM	JUICING WORKSHOP MASTERCLASS GARY DOWSE KUVINGS HEALTHY KITCHEN - STAND E11 -	HOW TO NOURISH YOURSELF WHEN YOU HATE COOKING! DESIREE TAYLOR FREE YOURSELF HOLISTIC HEALTH COACHING	COMBAT A FATTY LIVER USING NUTRITION KATHY ASHTON FLOURISH NUTRITIONAL MEDICINE - STAND D68 -	JUICING WORKSHOP MASTERCLASS GARY DOWSE KUVINGS HEALTHY KITCHEN - STAND E11 -
12.30PM	EAT THE ALKALINE LIFESTYLE PENELOPE JAYNE & SEAN BEVERIDGE GLOBAL RECHARGE	JUICING WORKSHOP MASTERCLASS GARY DOWSE KUVINGS HEALTHY KITCHEN - STAND E11 -	HOW TO NOURISH YOURSELF WHEN YOU HATE COOKING! DESIREE TAYLOR FREE YOURSELF HOLISTIC HEALTH COACHING	COMBAT A FATTY LIVER USING NUTRITION KATHY ASHTON FLOURISH NUTRITIONAL MEDICINE - STAND D68 -
2.00PM	HOW TO NOURISH YOURSELF WHEN YOU HATE COOKING! DESIREE TAYLOR FREE YOURSELF HOLISTIC HEALTH COACHING	COMBAT A FATTY LIVER USING NUTRITION KATHY ASHTON FLOURISH NUTRITIONAL MEDICINE - STAND D68 -	JUICING WORKSHOP MASTERCLASS GARY DOWSE KUVINGS HEALTHY KITCHEN - STAND E11 -	HOW TO NOURISH YOURSELF WHEN YOU HATE COOKING! DESIREE TAYLOR FREE YOURSELF HOLISTIC HEALTH COACHING
3.30PM	COMBAT A FATTY LIVER USING NUTRITION KATHY ASHTON FLOURISH NUTRITIONAL MEDICINE - STAND D68 -	JUICE, FAST, DETOX & HEAL WITH ALKALINE PLANT FOODS PENELOPE JAYNE & SEAN BEVERIDGE GLOBAL RECHARGE	EAT THE ALKALINE LIFESTYLE PENELOPE JAYNE & SEAN BEVERIDGE GLOBAL RECHARGE	JUICE, FAST, DETOX & HEAL WITH ALKALINE PLANT FOODS PENELOPE JAYNE & SEAN BEVERIDGE GLOBAL RECHARGE

